

Living in Relationship as Jesus intended

Set Your Intentions

The simple why behind building community is this - we're made for it. You and I were designed to connect with God and with each other.

We've put out a challenge to each other this Spring: can we make room for spiritual conversations? Can we commit to paying attention—in a small circle of 2-4 people—to how God is moving around us? Can we feel expectant that even in three or four gatherings, we could practice loving and listening well?

For some of you, it'll seem like a simple setup: just a couple people, some good questions, a time and place. For others, being intentional in finding a space to have life and faith conversations is still very new.

Bring intentionality to time spent together with friends

Take a moment

Consider these prompts to set your intentions:

- What is your reason for doing this?
- What are the life conversations that matter to you?
- What is a doable rhythm for you? (ie. Outdoors or online? Bi-weekly, monthly or flexible gatherings?)

Ideas for gathering



- Zoom and phone calls are still effective and efficient.
- Get creative-bake something at home while on screen together.
- Bonfires, BBQ, walks are a simple and include the bonus of very little interuption.
- Backyard project to tackle? Invite the group and catch up while you work.

If you need help finding a circle of people, contact us and we'll work together to find the right fit. We show up, we listen well,

and we stay real.

Choose what works for you!

Let's not make it complicated.

The content is really our lives - our stories being heard by each other and practicing this whole thing about living and loving like Jesus. We show up, we listen well, and we stay real.

Option 1: Examen Prayer Experience

The Examen method of prayer, based on St. Ignatius' 500 year old prayer, guides you through a time of reflection, helping you invite God into the highs and lows, and the nitty gritty of life. These are short prayers that are geared to be prayed at any time. There are 5 simple steps to the Examen, which this app leads you through, addressing over 20 different areas of life that you may be currently finding yourself in.

Option 2: Read the Bible Together

If you need encouragement to meet with God in the Bible, then why not commit together? The Bible is the primary way we discover who God is and get to know the story of His people. It only takes a few questions for us to start a dialogue about what we're experiencing. Instructions:

- 1. Choose a section of the Bible to camp in for a while
 - 2 Peter
 - John 14-17 or a short section from any of the Gospels
 - Short study from YouVersion Bible app
- 2. Read a chapter (or less) a couple of times through before your meet-up.
- 3. Use these prompts to process together what you're reading:

Pick a Conversation

Most of us may feel a little out of practice with connection, so here's a few questions which could bring some focus to your time. Each option has a different feel. One includes a short video to watch ahead of time, the other gets us into our Bibles, the other simply uses questions without attached content.

- Practice giving each other a quick recap of the story or the concepts in brief.
- What did you discover about the character and person of God?
- If you were to dialogue with God about this passage, what would you want to talk about?
- What connections can you make to your life this week in any of what you read?

Option 3: Topical Question Sets

Originally written to be used around a table, we get that we're now making tables out of screens, sidewalks and playgrounds. Each set of questions centers on a new topic, so pick one set per gathering! If there isn't a set that resonates with you, check out all the sets archived on their website.

A set onProximity - Acts 2:46

A set onLoneliness - Hebrews 10:24-25

A set on Community - Galatians 6:2

A set on Humility - Proverbs 22:4

Get Support

If at any point you feel stuck or discouraged, please reach out. Our Life Group Team is available for your questions and to encourage you along the way.

We look forward to seeing how your simple creativity and intentionality helps us stay connected to God and to each other this Spring!